

Firstborn basic outfit

To start a firstborn wardrobe we recommend sizes 50/56. Merino, new wool and silk are natural fibers that keep newborns warm when worn as a first layer and allow good regulation of the body temperature.

We recommend:

- 5-7 leg-less wrap onesies or long sleeved shirts
- Basic cloth diaper set or
- 2 packs disposable diapers in the smallest size
- 5-7 rompers
- 2-4 tights
- 5-7 Sweaters or cardigans
- 2-4 pairs of socks
- 2 thin knit hats for your home
- 1 thicker hat for outside
- Swaddle bag

Seasonal:

- Thicker jacket
- Overall (wool)
- Gloves
- Warm boots

Further you need:

- 5-10 gauze cloths
- 1 sleeping bag
- 1 Baby blanket (wool)
- 1 crib/cot
- Baby carseat
- Baby stroller and/or sling/carrying aid
- Changing table pad/changing table
- 1 heat lamp
- 1 baby bath tub /bath thermometer
- Cherry stone pillow or hot water bottle
- Nursing pillow

Baby care

Water and mother's milk are best for the skin of your child. To clean the diaper area, a wet washcloth or soft cloths suffice. For messier situations or a light rash, almond oil and calendula rash cream is a good and natural first aid.